

MAY 2011

REGULAR MENU

St. Paul City School

NUTRITION SERVICES
SAINT PAUL PUBLIC SCHOOLS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 <u>Breakfast Special</u> Pumpkin Bread Kiwi</p> <p><u>Lunch</u> Teriyaki Chicken & Edamame Broccoli Orange Wedges Hard-boiled Eggs Fresh Veggies Salad Greens</p>	<p>3 <u>Breakfast Special</u> Egg & Cheese Tortilla Banana</p> <p><u>Lunch</u> Hamburger on Whole Grain Bun Green Beans Applesauce Cup Corn and Edamame Salad Fresh Veggies Shredded Salad Greens</p>	<p>4 <u>Breakfast Special</u> Banana Chocolate Chip Bread Fresh Mango</p> <p><u>Lunch</u> Roasted Chicken Drumstick Mashed Potatoes & Gravy Banana Cottage Cheese Fresh Veggies Salad Greens</p>	<p>5 <u>Breakfast Special</u> Lemon Poppyseed Bread Orange Wedges</p> <p><u>Lunch</u> Beef or Vegetarian Soft Shell Taco Mexican Pinto Beans & Rice Peach Cup Cheddar Cheese Fresh Veggies Shredded Salad Greens</p>	<p>6 <u>Breakfast Special</u> Cheese Omelet Apple Wedges</p> <p><u>Lunch</u> Pasta with Marinara Sauce Pears Rice and Bean Salad Fresh Veggies Salad Greens</p>
<p>9 <u>Breakfast Special</u> Pumpkin Bread Apple Wedges</p> <p><u>Lunch</u> Lite Turkey Corn Dog Broccoli Orange Wedges Cottage Cheese Fresh Veggies Salad Greens</p>	<p>10 <u>Breakfast Special</u> Egg & Cheese Tortilla Banana</p> <p><u>Lunch</u> Chicken Chow Mein with Bok Choy Chow Mein Noodles Brown Rice Pineapple Corn and Edamame Salad Fresh Veggies, Salad Greens</p>	<p>11 <u>Breakfast Special</u> Banana Chocolate Chip Bread Cantaloupe</p> <p><u>Lunch</u> Ravioli Carrots Banana Hard-boiled Eggs Fresh Veggies Salad Greens</p>	<p>12 <u>Breakfast Special</u> Lemon Poppyseed Bread Banana</p> <p><u>Lunch</u> Turkey Hot Dog on Whole Grain Bun Baked Beans Strawberries Black Bean Salad Fresh Veggie Salad Greens</p>	<p>13 <u>Breakfast Special</u> Cheese Omelet Orange Wedges</p> <p><u>Lunch</u> Chicken Nuggets Green Beans M&M Cookie Applesauce Cup Rice and Bean Salad Fresh Veggies, Salad Greens</p>
<p>16 <u>Breakfast Special</u> Pumpkin Bread Kiwi</p> <p><u>Lunch</u> Sloppy Joe on Whole Grain Bun Corn Apple Wedges Hard-boiled Eggs Fresh Veggies Salad Greens</p>	<p>17 <u>Breakfast Special</u> Egg & Cheese Tortilla Banana</p> <p><u>Lunch</u> Beef or Vegetarian Taco Salad with Tortilla Chips Refried Beans Pears Cheddar Cheese Fresh Veggies Shredded Salad Greens</p>	<p>18 <u>Breakfast Special</u> Banana Chocolate Chip Bread Fresh Pineapple</p> <p><u>Lunch</u> Buffalo or Plain Chicken Drumstick Carrots Banana Corn and Edamame Salad Fresh Veggies, Salad Greens</p>	<p>19 <u>Breakfast Special</u> Lemon Poppyseed Bread Strawberries</p> <p><u>Lunch</u> Spaghetti & Meatballs Broccoli Orange Wedges Cottage Cheese Fresh Veggies Salad Greens</p>	<p>20 <u>Breakfast Special</u> Cheese Omelet Apple Wedges</p> <p><u>Lunch</u> Chicken Patty on Whole Grain Bun Roasted Potatoes Mixed Fruit Black Bean Salad Fresh Veggies Shredded Salad Greens</p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>23 <u>Breakfast Special</u> Pumpkin Bread Orange Wedges</p> <p><u>Lunch</u> Sesame Chicken Brown Rice Pita Bread Broccoli Pineapple Cottage Cheese Fresh Veggies, Salad Greens</p>	<p>24 <u>Breakfast Special</u> Egg & Cheese Tortilla Banana</p> <p><u>Lunch</u> Hmong Beef Fried Rice Apple Wedges Hard-boiled Eggs Fresh Veggies Salad Greens</p>	<p>25 <u>Breakfast Special</u> Banana Chocolate Chip Bread Fresh Mango</p> <p><u>Lunch</u> Veggie Chili & Cornbread Banana Rice and Bean Salad Fresh Veggies Salad Greens</p>	<p>26 <u>Breakfast Special</u> Lemon Poppyseed Bread Banana</p> <p><u>Lunch</u> Cinnamon French Toast and Scrambled Eggs Cherry Topping 100% Fruit Juice Strawberries Cottage Cheese Fresh Veggies, Salad Greens</p>	<p>27 <u>Breakfast Special</u> Cheese Omelet Apple Wedges</p> <p><u>Lunch</u> Sloppy Joe on Whole Grain Bun Green Beans Pears Corn and Edamame Salad Fresh Veggies Salad Greens</p>
<p>30</p> <p>NO SCHOOL</p>	<p>31 <u>Breakfast Special</u> Egg & Cheese Tortilla Kiwi</p> <p><u>Lunch</u> Chicken Nuggets Sweet Potato Fries Apple Wedges Cottage Cheese Fresh Veggies Salad Greens</p>			